

**Lianne Wood**, APPN Executive Committee Member



**Job Title:** Spinal APP Team Lead Same Day Emergency Care Unit / Clinical Research Fellow

**Place of Work:** Nottingham Univeristy Hospitals NHS Trust / Keele University

**Background:**

Lianne graduated from the University of Cape Town in 2004, and then completed her Masters in Orthopaedic Manipulative Physiotherapy at Stellenbosch University in South Africa in 2012. She moved to the UK with her husband in 2012 and began working as an Advanced Practitioner in MSK interface services and spinal secondary care services in 2013. Lianne currently works as a clinical academic. She completed her PhD under Professor Nadine Foster and Dr Annette Bishop in 2020. Her research is focussed on exploring treatment targets and understanding the mechanisms underpinning exercise for low back pain. Lianne loves running, biking, swimming, and being outdoors, preferably in the countryside.

**Why I joined the committee:**

I joined the committee so that I can work with colleagues on developing competency packages, supporting CPD delivery and promoting networking across the UK. I believe networking is critical to our advanced practice role success, providing the ability for peer discussion, sharing and joint learning opportunities. I am also passionate about disseminating the good work we do as advanced physiotherapy practitioners, and would like to work on the committee to support current APPN members with research ideas, competency packages and dissemination strategies

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