

Laura Groom, Co-opted member



Job Title: Advanced Physiotherapy Practitioner, AED.

Place of work: Liverpool University Hospital Foundation Trust (LUHFT)

Background: I graduated as a physiotherapist in 2005 from Keele University and have worked within a large University Hospital Trust since. Having completed all my core junior rotations, I quickly developed a love for all things musculoskeletal and specialised within the musculoskeletal field with a particular interest in spinal care. I completed my first MSc in Trauma and Orthopaedics in 2017 and am currently completing a second MSc in Advanced Clinical Practice. I took my current advanced practitioner role within the Emergency Department eighteen months ago and this involves the coordination and management of all musculoskeletal patients, with an emphasis on the spinal patients that present to the department.

I have a passion for education and teaching and have given lectures at the University of Liverpool and Liverpool John Moore's University.

I am keen to become a part of the APPN as a co-opted member as I have a passion for driving advanced practice physiotherapy within healthcare ensuring patients receive the highest person-centred care through high-quality clinical excellence and effective leadership, for which I personally take great determination in. I would like to be involved with the current developments of Advanced Practice and help promote the role of advanced physiotherapists who are working towards and within such roles.

Outside of work I am a mum and wife which keeps me both entertained and busy! As a family we are very active and enjoy cycling, kayaking, walking our three Labradors and venturing away in our folding camper (when we can!). I love to have some 'me-time' on my spin bike and by reading, but just not at the same time!
