

Chandrasekhar Dekka (Sekhar), Committee member, Horizon Editor



Job Title : Clinical and Implementation Lead, First Contact Practitioner & MSK Advanced Physiotherapy Practitioner. Clinical Director Nexus Health

Place of work : Nexus Health

Background

Sekhar is a Clinical and Implementation Lead for an FCP service in Hertfordshire. He works as an FCP and Advanced Physiotherapy practitioner in MSK conditions and has special interests in spinal red flags, MSK Rheumatology, tendon pain, sports injuries and expert exercise prescription.

Sekhar has 17 years of experience of assessing and managing acute and chronic musculoskeletal disorders. He graduated from Rajiv Gandhi University, Bangalore India in 2003 and completed his Master's degree in Physiotherapy from Sheffield in 2007.

Following graduation, he worked in multi-speciality hospitals developing his knowledge in various Musculoskeletal, Orthopaedic and Trauma cases. In addition, he developed his clinical, leadership, service development and people management skills through working in various NHS and private settings. Sekhar strengths are providing evidence-based practice.

Sekhar has a Diploma in Injection Therapy and is currently studying to obtain a PG Diploma in Musculoskeletal Sonography.

Why I joined the committee

Sekhar joined the APPN network as he is passionate about contributing to help drive the profession. His vision is to ensure standardisation of Advanced Practice nationally. Outside of work he enjoys travelling, playing badminton, squash, cooking and healthy eating.
