

The Upper Limb for Advanced Practitioners

Friday 24th Jan 2020 Kings College Hospital London

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This course is aimed at all clinicians in or working towards advanced practice or first contact roles in musculoskeletal conditions. With a strong focus on advanced level clinical reasoning within the upper limb and across the 4 pillars of advanced practice (clinical, facilitated learning, leadership, research and development).

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| 8:30-8:55 | | Registration and coffee | |
| 8:55-9:00 | | Welcome and housekeeping | APPN |
| 09:00-09:45 | L | An update on the use of diagnostic ultrasound. | Stuart Wildman Consultant MSK Sonographer, Advanced Practice Physiotherapist and Founder of the Ultrasound Site |
| 09:45-10:30 | CP | Rheumatological disorders of the Upper Limb. | Dr Benjamin Clarke Speciality Doctor In Rheumatology Kings College Hospital, London |
| 10:30-10:50 | | Tea/ Coffee | |
| 10:50-11:35 | CP | Elbow Instability | Abbas Rashid (Consultant Elbow Surgeon) & Kat Poll , (Physiotherapist) University College Hospital & Institute of Sports and Exercise Health |
| 11:35-12:25 | CP | The shoulder: who to refer for a surgical opinion and recent advances in surgery. | Mr Adel Tavakkolizadeh Consultant Upper Limb and Orthopaedic Surgeon, Kings College Hospital, London |
| 12:25 –13:15 | | Lunch. Networking. Visit study day sponsors | |
| 13:15-13:45 | FL | Rapid 5s | APPN members |
| 13:45-14:15 | RD | The CONNECT project/ Virtual Consultations | Anthony Gilbert HEE / NIHR Clinical Doctoral Research Fellow |
| 14:15-14:45 | RD | ‘Being a NICE Scholar – how it can advance your practice’ The distal radius project. | Victoria Lyle Advanced Practice Physiotherapist (Salford Royal NHS Foundation trust, NICE scholar) |
| 14:45 -15:30 | CP | Suprascapular nerve blocks: the past, the present and the future | Dr. Emma Salt Consultant Physiotherapist at University Hospitals of Derby and Burton NHS Foundation Trust Neil Smith Advanced Practice Physiotherapist Sandwell and West Birmingham Hospitals NHS Trust HEE / NIHR Pre-doctoral Clinical Academic fellow (PCAF) Warwick University |
| 15:30 – 16:00 | CP | Assessment of upper limb nerve injury, differentiation, expectations and management | Hazel Brown Highly Specialised Physiotherapist at Royal National Orthopaedic Hospital NHS Trust |
| 16:00 – 16:30 | L | FCP Update | Sarah Withers Consultant Physiotherapist, CSP |
| 16:30-17:00 | | Close | NOTE : Session times are subject to change |

Key: FL = facilitated learning, CP = clinical practise, RD = research and development, L = leadership