



Nick Downing

JOB TITLE AND ROLE (day job): Head of NHS services

PLACE OF WORK: Crystal Palace Physio Group

Nick studied Sport and Exercise science at Birmingham University before spending a year abroad travelling the world. His career started out with 5 years working in corporate events designing, delivering, running and selling team building, conference and engagement solutions, before deciding to study Physiotherapy. Nick completed an MSc (Pre-reg) Physiotherapy course at the University of Birmingham and has since been back to complete a PG DIP in Advancing Practice.

Nick is married and has three gorgeous kids who keep him busy on evenings and weekends. In his spare time Nick likes to run, bike, play sport and relax with a beer. He has completed 2 London marathons, various triathlons and more recently adventure/fell racing but is always on the lookout for a new challenge!

ROLE AND TASKS IN THE COMMITTEE:

Co-opted member in December 2015. Chair in 2018

I joined the APPN as I am passionate about physiotherapy and what it can offer in the healthcare setting, particularly at Advanced Practitioner level. I have been involved in a number of PCT/CCG commissioned NHS services across a number of boroughs from Nottingham to Hampshire but mostly within London. New models of service delivery and commissioning, efficiency within pathway design and a broad forward looking view of physiotherapy scope and utilisation of physiotherapist's skills are of real interest for me.

I also see being a member of the APPN as a great opportunity to network and learn, and well as being a platform from which to influence the future of our profession.